

Spirit on the High Desert 2025

Report to Diocesan Convention 2025

Submitted by the Rev. Canon Bobbe Fitzhugh

1. Mission / Purpose Statement

Spirit on the High Desert is an annual diocesan contemplative retreat that offers sacred rest, spiritual clarity, and community in the wide-open beauty of Wyoming's high desert. The retreat supports formation, reflection, and renewal through contemplative practices rooted in prayer, worship, and creation care.

2. Summary of Current Year's Activities

The 2025 Spirit on the High Desert retreat was held at TAC in September 2025, with the theme "Keeping it Holy – Resting in God's Creation." This theme followed the diocesan-wide "Keeping it Holy" regional workshops. Fifteen registrants gathered for three days of sacred rest, spiritual exploration, and community life.

Participants engaged in contemplative practices celebrating God's creation and exploring the Sabbath as a gift of rest. The retreat included yoga, quiet contemplation, guided meditation, labyrinth walking, and worship.

****2025 Program Offerings Included:****

- Rest and Restore Yoga
- Yoga/Somatic Yin Practice
- Qigong
- Teaching and Spiritual Practices – Sabbath as a Gift of Rest
- Therapeutic Art
- Native American Labyrinth Walk
- Sauntering through Our Senses
- Worship
- Morning sun salutations and blessings to the four directions on the ridge
- Lectio Divina
- Creation Care Liturgy
- Yoga Soul Eucharist
- Evening Prayer
- Campfire Conversations

Spirit on the High Desert is funded through participant registrations and an allocation from the Mission and Innovation budget. Facilitators included certified yoga instructors, clergy, and art teachers.

3. Financial Report

****2025 Budget****

Revenue

Source	Amount
Mission and Innovation Budget	\$5,000
Registration Income	\$2,250
Total Revenue	\$7,250

Expenses

Expense Item	Amount
TAC Lodging	\$4,600
TAC Meals	\$2,000
Honorarium	\$500
Total Expenses	\$7,100

4. Plans and Projections for the Coming Year

Plans for the 2026 retreat include expanding participation, integrating more Indigenous spiritual practices, and deepening the connection between contemplative practice and creation care. Continued funding from Mission and Innovation will sustain this ministry.

5. Membership / Leadership

The retreat is coordinated by the Rev. Canon Bobbe Fitzhugh under the Mission and Innovation Program, with facilitation support from clergy, lay leaders, and certified instructors.

6. Gratitude / Acknowledgments

Gratitude is extended to all participants, facilitators, and TAC staff for their contributions to this sacred time of renewal. Special thanks to the Diocese of Wyoming for continued support of contemplative and spiritual formation ministries.

Respectfully submitted,

The Rev. Canon Bobbe Fitzhugh